

## How to perform a breath test:

Bedfont<sup>®</sup> Scientific Ltd. has put together some advice on how to safely perform breath tests during the pandemic, however, first and foremost, it is recommended that you follow your local guidelines on breath testing procedures and necessary PPE

1



The piCO™ should be wiped clean with the alcohol-free antibacterial wipes provided with the monitor before and after each test

2



The external surfaces of the D-piece™ filter should also be wiped down before and after each test  
D-piece™ should be replaced every 30 days

3



A new SteriBreath™ mouthpiece should be used for each patient. It is best practice for the patient to insert their own mouthpiece

4



Follow the instructions on the piCO™ to complete a breath test



The patient will be prompted to inhale and hold their breath



There will be a 15 second countdown



The patient will be prompted to exhale slowly into the monitor, and should aim to completely empty their lungs

5



The results will rise and stabilise onscreen



6



Allow the patient to throw away their used mouthpiece

7



Results can be interpreted using the Smokerlyzer<sup>®</sup> CO Chart

8



The external surfaces of the D-piece™ filter should also be wiped down before and after each test

9



The piCO™ should be wiped clean with the alcohol-free antibacterial wipes provided